

# COMMON SENSE

The Game of Thought



DARYL STEVENETT

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## Introduction

I used to think that common sense was something that everyone had and that it was the sixth sense right after sight, smell, touch, hearing and taste. I couldn't be more wrong. Not everyone has it, common sense, that is. I have known adults who have degrees from a university who are very book smart but seem to lack an understanding of everyday things. I know a gal who is a registered nurse who works at the newborn intensive care unit at the hospital. She is super smart at diagnosing problems and saving baby's lives but could never figure out how to use a tire pressure gauge or know how or why anyone should check the oil in their car. On the other hand, I have met teens that never did well in school but were very street smart. They seemed to have a knack for surviving. They always land on their feet and know how to take care of themselves, can get a job and seem to have been blessed with common sense. It's like they just "get it." They are smart in a different way, as their brain seems to figure out common sense solutions to their problems which when analyzed absolutely makes sense and they choose correctly.

I have talked to some people who definitely have common sense, as they talk and communicate in simple terms and are easy to figure out. I call these people translucent as they don't have a hidden agenda or in other words what you see is what you get. They seem to be more genuine and when you talk to them you can feel their sincerity. Then there are those who seem to talk above everyone's heads and have a vocabulary that only they can understand, and they have an air about them, as they know they are the smartest person in the room. I have found that these types don't have many friends, but don't feel too sorry for them, as they don't need many friends. I know a man who has actually expressed to me that every meeting he attends, he feels he is the smartest man in the room, and everyone is below him in intelligence and he definitely has the upper hand. I also know that his stepson would never ask his advice on how to fix his car because he would never have the quick answer his stepson would be looking for and would be condescending. His stepson would always call his birthfather since he would listen

to the problem and diagnose it quickly over the phone because it was common sense to him.

In this book I want to explore common sense in all its angles and uses but mostly I want to look at common sense as a tool to making better decisions in life. I have found that if we treat decision making like a game of chess, we will probably make better decisions, as we will consider all the end results of all the different moves or decisions we can make. Some people actually pull out a yellow pad and draw a line down the middle putting the words pros and cons on each side of the line then start making a list regarding the decision at hand. This is getting closer to what I am exploring. I actually think common sense thinking can be taught to everyone if they are coached correctly. My goal is to give you the reader ideas as to how you can make quicker and better decisions by using common sense principles as your guide.

## Education Has a Price Attached

I have always said that education is not cheap. You have to pay for everything you learn, sooner or later. For example, I used to be in the direct mail business, and I was shipping three hundred thousand mailers several states away. I found I could save hundreds of dollars on postage if I shipped directly to the post offices in the area of the sale. I told my printer to get the mailers there as fast as possible. He mailed them all Fed-Ex. My bill was several thousands of dollars. Each box weighed fifty pounds and there were dozens of boxes. I couldn't believe my ears when I asked the cost of shipping. The printer explained that he only did what I had asked him to do. I paid the bill, and, I never made that mistake again. That education cost me dearly. If you want a law degree, it costs money. If you choose to be a doctor, the education costs money. If you make a mistake in business like not asking the best way to ship heavy high gloss mailers, it costs you money. Bottom line, education ain't cheap.

Whatever common sense I was blessed with surely wasn't put to use in that shipping decision. You see a person with common sense thinking would have taken the time to ask questions. What are the different ways to ship heavy boxes across the country? Looking back, the absolute correct solution would have been to have all the printing done a few blocks away from the post office out of state. They would have delivered it across town for free and I would have made even more money versus losing thousands of dollars. That one hurt and the things I learned cost me big time, but guess what? I'll never forget what I learned that day and I'll never make that same mistake twice.

What about people who are sent to prison? They pay dearly for their mistakes. I'm sure most of them learn from that costly education, the cost of freedom. I can't imagine paying for my mistakes by having my freedom taken away. Then again, that is the whole point of this book. Learning how to make correct decisions by playing the common-sense game. If children were taught chess at an early age, I wonder how their decision-making skills would improve. Imagine the thought process of a teenager who is being coaxed by his peers to do something

wrong and maybe against the law. They would be able to quickly know the correct decision to make because maybe they had parents who sat them down early on and told them about the consequences of making right or wrong decisions. If I go along with the group and get caught versus leaving the group and just go home, not having to worry about getting into trouble, they would probably choose the latter.

There are no guarantees with kids. We bring them into the world and as we leave the hospital no one hands us a manual as to how to best raise those little babies who grow up to be adults. We are on our own as parents. All we can rely on is what we know and the knowledge we have gathered along life's path and also from the example of our parents and the way they raised us. There are things that I experienced in childhood that I would never push onto my kids. Every Saturday as a young man before my teen years, I was expected to help my dad. We lived on a farm in Alberta, Canada and he fully expected me to get up as early as he did to help him do what-ever he was doing that day. Very rarely did I get to visit my school friends who lived in town. I spent my Saturdays working with my dad. It was expected and I didn't know anything different, so I did what I was told. I remember my grandfather who lived across the highway happened to drop in once when I happened to be inside the house. He called me lazy because I wasn't outside helping my father. That always bothered me because he never praised me for the time's I did help him. I am now an empty nester and as I look back on how I handled my two boys during their pre-teen and teenage years it was obvious I had a different mindset when it came to making sure they learned how to "work hard" like I was taught on the farm. Teach them the value of hard work I was told by my father in law. Well I intentionally did things differently with my boys all due to the way I was raised on the farm. My boys were into playing video games. They loved video games and couldn't get enough. My wife and I had to cut them off many times since they would spend all day and night obsessed with their games if we didn't. I remember vividly allowing my boys to play their games with their friends on Saturday afternoons while I was outside mowing the lawn and trimming the hedges. There were times when I would get them to help but if I felt they were having a good time with their friends in the house playing games, more times than not I'd let them

“be kids.” I remember saying aloud, let them enjoy their childhood, let them do what kids should be doing, playing with their friends. We lived in a small town in Utah and all the back yards were open and connected without fences and there were lots of kids running around the neighborhood. My attitude was that I knew the day would come when they would be adult men with jobs, a mortgage, car loans, kids of their own and right now it was their time to be young and to enjoy playing with their friends. Well as I look at my two boys now, it must have been the right thing to do as they both turned out pretty good. I’m proud of their accomplishments. They both obtained master’s degrees from college and are both married and are very happy and are working hard at their professions. I do know that my youngest son has been rationed when it comes to his love of basketball video games. His wife put her foot down on the amount of Saturday time he spends in front of the big screen. My bad. He’s okay with it but all in all he turned out to be a normal responsible young man and I’m proud of him. Did I make the right decision on parenting when my boys were young? I think I did. Did my father make the right decision on his parenting? I think he did. We all have to use our sixth sense when making decisions. Our common sense tells us what to do. I explained to my sons when they were in their teens, “If there is one thing, I hope you learn in life, I hope you learn how to make decisions.” I went on to explain that so many people analyze decision making to death that they get what I call “analysis paralysis,” and no decision ever gets made. I explained to them that if you make the right decision, you’ll know by the outcome. If you make a wrong decision based on a poor outcome, you’ll know to change your decision and the direction of your course. The important thing is that you look at all your options, sleep on it, and then make the decision you feel best about based on the possible outcome. Sometimes you don’t have time to sleep on a decision before you make it. When my oldest daughter was born, I was asked to sign some papers quickly in order to allow the doctor to remove my wife’s uterus because she was hemorrhaging uncontrollably. I explained to the doctor that we were planning on having more children. He hurriedly said, “You have two choices, have a dead wife with a uterus or have a wife who is alive without a uterus.” That decision was made very quickly as it was very clear what was right. We knew we

wanted more children and ended up adopting our fourth child, a beautiful little girl. Some may say that “decision-making” is how we learn. I totally agree. Life has a way of teaching us all the lessons we need to learn. Most of those lessons are based on right and wrong decision making. All I’m trying to do, is to find out how we can all become better at making correct decisions by utilizing our sixth sense, which I call our “Common Sense.” If we can learn to better develop our common sense would it not prove helpful in the decision-making department? Of course, the answer is an obvious yes.

## Preparation Yields Positive Outcomes

In my view, sports training relies heavily upon common sense. Take martial arts for example. Hours upon hours are spent repeating moves so when the time comes the fighter acts without thinking because there is no time for thought during an attack or fight. The moves must come naturally as rehearsed. Time is spent learning the moves and habits of the opponent before a match. When you know the possible moves of the adversary it becomes easier to counter act to your advantage. This training creates an awareness giving the fighter the ability to best judge the possible moves of his opposer then react accordingly. Football teams watch videos of the team they will be confronting next. In fact, pretty much everyone who is in a competitive sport which involves a challenger, will take the time to study past footage of his or her game play. There they will find the moves that are the most common, the moves they favor most, and it will also expose their flaws. This knowledge will help defeat any rival and the athlete who prepares the best in understanding the opposing sides most common moves, they should arrive victorious. Through practice and repetition athletes become more sensitive when it comes to making decisions quickly, so quick in fact it becomes a reflex. No thinking is required due to their extensive training when it comes to reacting to their foe.

It's my belief that if we take the time to sit down with pen and paper prior to making important decisions, we too like a well-trained athlete can become students of analysis, which helps our decision-making, which increases our common sense, which leads to the skill and ability to make decisions better and much quicker. It's almost like reading the immediate future. We see it all play out in our mind. If we do this, that will happen. We can get good at recognizing the commonalities of people. People usually react a certain way to confrontation, love, word suggestion and body language. Try smiling at someone, or for fun say hi then put your hand out and immediately more times than not, their hand will come out to shake yours. It's a reaction we have taught ourselves through the years. We are all reactionary. If someone blatantly insults us, we usually react immediately with a verbal counter punch. No one likes to be insulted and we have been taught to stick up for

ourselves, to defend ourselves when attacked. Would it be wise to explore some other possible outcomes on our part for when we encounter an incoming insult? In other words, is there an alternative to our immediate reaction such as a verbal counter punch or lash back? What if we simply smiled and said, "I appreciate your opinion, but let's agree to disagree." Maybe we should simply smile and walk away? When we rehearse different scenarios in our mind, we allow ourselves to work out possible endings caused by our using a different reaction to a possible confrontation. Common sense thinking I believe would always result in a peaceful resolution to any confrontation. Steven Covey always taught, "Seek first to understand then seek to be understood." Understanding someone's point of view can only occur through asking the right questions. Asking questions to help clarify what it is someone is trying to say is the only way to effectively understand what they want or how they feel. The problem I see materializing is if the person you are presenting the questions to has difficulty in expressing themselves verbally. This person usually shuts down and becomes silent as they may not know how to answer your seemingly barrage of questions. As you encounter this type of scenario your common sense should inform you to back off and to not press any further.

We have all walked away from a party or some other gathering wondering if we should have maybe listened more than we talked. We have all heard that there is a reason why we have only one mouth but two ears, meaning we should maybe listen twice as much as we talk. I feel that this advice is valid. As Covey explains, seek first to understand or in other words, listen more. Is it possible to become a better listener? I think listening more is a part of having common sense. Animal's common sense is used in correctly in identifying an enemy quickly at first glance and also by listening. This is their radar in identifying shapes in the shadows and sounds in the night. We have learned similar things in shapes we call logos. A person who loves automobiles can recognize immediately logos from Mercedes, BMW, Rolls Royce and all other auto logos at a glance without even thinking. We use logos for this purpose in marketing products. Time is valuable especially during a super bowl ad and the quicker the audience recognizes a logo or hears a popular song rearranged into a jingle for a particular product, the better. Quickly

recognizing certain human traits, good or bad in the people we associate with can only help us discern a true friend or an enemy such as a person who is trying to manipulate us or control a situation. Verbal communication is used most commonly to get a point across, but some say that more can be learned from observing a person's body language. The way people move or react physically to verbal communication can speak volumes. Without getting into the ins and outs of this topic, I encourage you to watch some videos on YouTube regarding how to know if someone is lying to you. As humans we all adapt to the same set of physical movements or gestures when we lie or when we tell the truth. It has been proven over and over again that when asked a question, someone with a trained eye can tell with a high degree of certainty if you are being truthful.

Years ago, I met an important and established lady who hired me to drive her to the airport. It was my job to keep her Rolls Royce clean then drive her to the airport or across town when she needed to go somewhere. Her husband had been a popular state senator and she was now a widow. I'll never forget a conversation I had with her on one of our trips to the airport.

I asked her, "Out of all the things you've learned about people, what advice could you give me?"

She said, *"Oh that's easy. When you meet honest people, embrace them. When you encounter dishonest people, cross the street when you see them coming."*

She went on to say that honest people are the only people you should do business with. Honest people are hard to find so when you do find the honest mechanic, the honest repairman, the honest insurance salesperson, the honest and loyal friend, embrace them and hold them dear. On the other hand, dishonest people should always be avoided. I have never forgotten her advice.

Common sense allows us to identify those honest people more quickly. If we take the time to learn the attributes of honest people, it will help us discern those who we want to embrace and those who we should pass by while on the street we call life. As I look back on my own life, I have associated with some folks who falsely

represented themselves as honest people. In retrospect they talked more than most convincing me of their abilities and past successes almost to a fault. They seemed to be overly and needlessly selling me on their talents. I have learned that this type of behavior is usually a red flag that should be noted. The folks that truly are talented don't seem to brag or even talk much about their talents. They don't have to, as they are secure with themselves and are confident and don't need accolades or constant praise. These people are usually the real deal and they don't have to sell themselves to anyone. Those they have done work for usually do the selling. Always get referrals and don't be afraid to call them. Dishonest people talk themselves up so much they are praying deep down that you will take them at their word and won't ask for any referrals. It always pays to take your time and check people out. This to me is common sense thinking. When you start to discover a "common-sense" way of doing things, you'll find that your life runs much smoother and there are fewer mistakes to clean up after. Common sense thinking also helps diminish any stress you might have, why? Because you are more in control of your life and your decision making. Lack of common sense seems to be a breeding ground for mistakes that eventually involves other individuals pulling at your strings and taking control over your life. You become a puppet, a people pleaser. This in itself causes stress and anxiety. Just as an athlete prepares for a match by observing his or her opponent, it only makes sense that you do your homework on those you are about to do business with as it will let you know where you stand and what you can expect. This common-sense thinking will take away stress as you will be more in control having learned about others who are about to become involved in your life. The athlete who enters into a competition without doing his or her homework on their opponent enters the match nervous and starts making mistakes, which usually causes a loss due to their confusion and unpreparedness.

Yoga encourages meditation, a time to simply be. Personally, being alone in nature is also a time that allows me to simply be. I wrote a book called, "I Believe in Hammocks." The book premises that spending time alone, without talking, especially in nature helps us gain more peace and less stress in our lives. This time spent alone helps increase a person's common sense. Swaying back and forth in a

hammock up in the canyon allows you time to reflect and time to sharpen your saw. It is a great way to calm your mind prior to making an important life decision. If your goal in life is to have more control, which reduces stress, I highly recommend the book as it has ideas that may be valuable to you. I have discovered that "Hammocology," as I call it, has more than helped me become a happier, more peaceful and a more in control person.

## Understanding Knowledge

Why do we not touch a hot stove? Simply because we have learned about heat. We understand that hot is different than warmth. Someone either took the time to educate us or we as a child touched the hot stove and we learned through the experience that things that are hot will burn us. Education is the key to keeping us safe and it promotes us being happier people because we are in the know. When we know something secret about someone else, it gives us an amount of power over that person especially if they know we have the dirt on them. This tactic is used in governments all over the world. Knowledge is power. This kind of knowledge is destructive and evil and is used to control others. The knowledge I'm talking about is the understanding of things in general as to have more control over the direction of our lives and ourselves. If we have a desire to achieve certain goals, would it not make sense to surround ourselves, or to seek council from those who understand or have knowledge of what we are striving for? I know of a man who once wrote a book teaching people how to be financially well off. He even had a radio show that taught his principles for becoming wealthy. Come to find out he had never been wealthy himself and was hoping to do so from his book and radio program. Since that time his business has gone under. If I am to take the advice of someone on any subject I would like to know if they indeed have any success in that area. If I want to play baseball, I don't hang around the pool hall. I frequent batting cages and ballparks and I gain knowledge and advice from those who know. Can you imagine being operated on by a diesel mechanic? Seek out people of expertise. I have encountered big talkers who only have expertise on being big talkers. I avoid those people as not being legit or less than honest as they live by the seat of their pants and their gift of persuasion. I cross the street when I see them coming and follow the advice I was given long ago by a wise old lady as I drove her to the airport.

Since I have made some resolutions and changes in my association of certain types of people, I feel that my common sense has definitely increased and my life has become smoother, more organized and more successful. I must say that my common sense increased as a result of associating myself with some unsavory

people as well. I remember working fourteen-hour days over a three-month period putting together logos, websites, writing text, preparing presentations, organizing manufacturing all to find out my business partner was not what he presented himself to be. As I've stated before, I gained an education through that endeavor, but it was costly. Through it all, it was my common sense that allowed me to break free of that relationship allowing it not to go any further.

Now success doesn't always equate to making money, but I assure you that when you learn the art of attracting the right people who hold the right information and knowledge that you seek, the course of your life will attract financial gain. It may not happen right away, but it will happen. It's inevitable because you are following the right path and by side stepping or going around the people who only waste your time and then replacing them with those who are in the know, the financial path will become shorter and pay dirt will be around the corner. This line of action definitely speeds up the process. Some might ask, *"How do I find out what it is that I really want so I can then pursue those who can direct my steps?"* Common sense is a great place to start. Start asking yourself common sense questions such as; what do I enjoy doing on my time off? What do I dream about? And my favorite question; *"If money was no object, what would I do for a living?"* These questions are a great place to start but you must remember that if you are focused on earning money, write this next phrase down;

***Money comes from one source and one source only, people." You'll never see a dog packing a wallet. People give money for something they either want, or for something they need.***

To live an even more fulfilled life, ask yourself the following. Where would I like to live? What kind of house do I want? What kind of car do I want? What kind of men or women am I attracted to? What do I see myself wearing? There are lots of questions to consider. The biggest question for me was, *what kind of life-style would make me the happiest?* I had just turned fifty-five and I wanted to do things entirely different for the second half of my life. This started the dreaming process for me, and then things started falling into place. Down-sizing, selling the house, getting organized and getting rid of stuff I hadn't used in years was all part of getting

closer to my happy life and what I'm doing right now, and common sense was used in every decision along the way. I also believe that having a great spouse or partner to bounce your ideas and dreams off of is definitely a plus. I wrote a book called, *"I've Got Books to Write."* This book explains all the steps I took to realize my second half lifestyle, which consists of writing books and playing music in a tropical climate by the beach. It didn't happen overnight, but it was a dream I held close for many years. I wrote the book because I realized that there are many people my age who had somewhere along the way lost their ability to dream like they did when they were younger. I emailed the book to a dear friend of mine. He read it and called thanking me because he and his wife had since sat down and started writing out their bucket list if you will. They actually both got excited about their new future and all the dreams they wanted to live out together. Sometimes all we need is a spark to reignite the fire within us. Life's pressures have a way of smothering our internal flames of personal dreaming after years of work and raising a family. We turn around and realize we are in our fifties now and we didn't even get some of those dreams off the ground. I'm here to tell you that it's never too late to resurrect those dreams once more, except now, you have more common sense, more wisdom, more contacts and you are much better equipped to make those dreams become a reality. As we age, we gain knowledge, wisdom and common sense all as a result of living life. The years past educate us in preparation for the retirement years, and in my estimation, these are the best years to live out our dreams. We are now better planners, we communicate better, and our common sense is so keen that we feel powerful inside knowing we have the freedom to live a life that can now include a few dreams from the past. May everyone be so lucky as to find the spark that restarts the pilot light that burned out years ago. All it takes is that one little spark to start a huge fire. Just ask any forest ranger.

## Common Sense Helps Avoid Trials

As we acquire more common sense, a personal calmness grows inside us as we ascertain what it feels like to literally be in control. Wouldn't it be nice if the calmness we feel at our mid-life point could be transferred to our children. It's obvious that God's plan is to allow every man, woman and child to explore life in their own way and to learn from the lessons they are given, many times in the form of trials and tribulation. I have come to know some who never experience the heartache and affliction that others experience. I personally feel that those fortunate individuals who have avoided many unsavory things is due to their keen and refined and developed trait called common sense. Animals who have developed a keen sense of detecting danger live longer. The king of the jungle got to his position by being the wisest and the strongest. Early on, the young king to be, developed a sense of how to avoid danger that could take his life away. This sense is what allowed him to remain safe, grow old and eventually earn the title and being called "the king." The weak never survive long in the jungle, and everyone in the jungle knows it. Winners have a unique mentality. I feel that many winners are born with a special gene that pushes them to be the best never tolerating the thought of defeat. They are equipped with a unique gift that allows a laser like focus on their prey and they have a keen sense that sanctions them for continual triumph conquering foe after foe until they arrive at a place of power, respect and honor. They push forward with such energy and persistence, as they know others will part the way for their ambitious agenda. They are above everyone else. They can out talk, out smart and out-perform everyone and leave the walking wounded in their wake. There are people like that in our society, the high achievers, the super-rich and powerful. Those individuals who are quick to sue if it helps them achieve their lofty goals. They use their reputation as a catalyst for fear that tilts the playing field in their favor. The weak step aside as they don't dare go up against them for fear they might be singled out and degraded or destroyed in both mental and temporal ways. The weak have learned that it's just easier to let them have their way than to

protest or have to fight them at every turn. These types of humans and animals, become “kings of the jungle” in a very narcissistic way.

My personal common sense tells me to turn off the news channels, ignore the negativity and focus on my small circle of friends and associates and let the Kings, Queens and Presidents have their way. I just finished a book called, “We All Die Alone.” I stressed in this book that we all know we will one day die but we don’t know exactly when. Having this knowledge, I go on to explain that it is our responsibility to live out this “one life” we have been given to the best of our ability before we take our last breath. As for me, I’ve decided to live out the remainder of my life in peace, casting out all fear. The way to do this is to recognize that love is the only true power and path to peace and prosperity. When we have love in our hearts we are without ego. When we see someone get ahead in life, get a promotion, find the love of their life or receive accolades from others, we are truly happy for them. When you combine love with common sense a whole new world opens up and the peace and tranquility and calmness, we all desire, starts to flow within us. We greet each day with gratitude and thankfulness. We look at others as precious because they too are alive, and we get to share our lives together in this beautiful world that affords us opportunities to fulfill our passions. Love is true power. Power of the ego is based on symbols such as large bank accounts, expensive automobiles and lavish homes. When those things are taken away, so goes the power and the worth of that person. Love on the other hand can involve all of the finer things in life but the big difference is, if it all gets taken away, love still remains, as love, is true power. When you reach the height of common sense you realize that love creates an awareness for others and for yourself. Love is common sense in the truest form. When you love and value your life you only proceed by making the decisions that will best protect your life. When you have a lack of love for yourself, more times than naught, you gravitate towards unsavory “life hurting activities” that never end well. Common sense love allows for more meaningful friendships as you become empathetic towards people and what they are experiencing. Love for yourself keeps you away from hurtful people as they don’t celebrate who you are and despise your goals and aspirations. Common sense warns us to stay away from

those individuals, as their association never promotes peace, only turmoil and ill feelings. Common sense is the ultimate of feelings. We know when something feels right. We also know when something feels wrong. We can't always explain it, we just feel it. The study of who we are and who others are promotes common sense especially when it is done looking through the eyeglasses of love. We start to understand how we fit in. We also start to understand where we don't fit in. There are areas in large cities that are dangerous. Individuals who live there may be the king of their jungle and outsiders are not welcome and will encounter danger. It is important to understand that our life depends on finding out where we fit in. We are all part of a large puzzle and we only fit where the picture aligns with who we are and what we were meant to be. Common sense helps us find that place. We don't need to be the king of the jungle, but we do need to find our place where we feel safe, secure, and important and are allowed to express and live out our ideas and dreams.

As I started writing books, it became clear that I needed a special place in order to be productive as a writer. A noise filled house doesn't work very well. It's like trying to receive personal revelation with a turbulent mind. It's impossible. Finding a quiet place where I can focus and lose myself in the work is a wonderful find. Inspiration starts to flow, and words start appearing in my mind allowing my fingers to type what I feel. Finding our place in life is also an important discovery. Once there, a feeling of bliss comes over you. Without a doubt, you just know you are where you are supposed to be. I arrived to where I am now by better understanding common sense, which helped me increase my capacity to love, not only myself but also others. The discovery of better understanding common sense has also helped my decision-making. It has allowed a calmness of mind so I can mentally lay out a plan that makes sense and has God's approval. If God is love, isn't that all we need to know? Religion is found all over the globe. A belief in God that has so many twists and turns and do's and don'ts that it has literally divided and created a wedge between mankind causing confusion and discontent and even war. If God is love, what do we call religion? Especially when every religion claims they have the one and only truth, the one and only way to celestial glory in the hereafter.

When we take the time to watch what is happening in the news, we are left with a sick feeling and common sense tells us, “this is not based on love, at all.” So, what do we do? Here’s the answer. Follow your common sense and your inner compass, your conscience. Personal feelings and common sense are very much connected. This is our warning mechanism; it’s our instinct that keeps us safe. The same way an animal remains safe in the jungle, it relies on its inner gut feeling of where the danger lies and how to avoid it.

When we evaluate all the goings on in our world, we come to one question. “Can we still find a life of peace and love and fulfillment, feeling safe without fear?” My common sense tells me yes, yes, we can.

#### About the Author



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